

FAB. FIT. FOCUSED.

WHO RUNS THE WORLD...GIRLS!

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"Behind every successful woman is a tribe of other successful women who have her back." This quote resonates with me, especially these past few months. COVID-19 has impacted all of us in many ways. One powerful and positive way is the rise of female entrepreneurs. Over the past few months, I've witnessed firsthand many amazing women rise above the darkness and shed light and positivity into the world. One of these amazing women is badass girl boss and wellness industry veteran, Kiara Horwitz, founder of [beRevolutionarie](#). Her genuine enthusiasm and passion for her new company made me want to join her girl squad immediately! beRevolutionarie (which just launched on June 15th) is the first-ever digital wellness + fitness platform for women, created by women. It is designed to promote overall wellness by helping women worldwide transform their minds, bodies and souls. The approach to wellness through a unique membership-only platform is so incredible, that long after the pandemic is gone, you will still want to be a part of this digital revolution. Now that I have your full attention let's examine some of the reasons you should sign up to become a member immediately:

1.) The Instructors

The platform features female fitness experts and trainers including Kate Kerner of *Box n Flow*, Lauren Gibbs of *LL Studio by Laughing Lotus*, Bryna Carracino of *REHAB NYC & Equinox + Soho House Fitness*, Kiristen Cousins of *Vitamin Sea Cayman* and many more. These women come from all over the world and are skilled in all different aspects of wellness + fitness. The website includes a page with all of the instructors, their pictures, bio and a link to their Instagram page. If you are a fitness instructor and want to join the other amazing women [apply](#) on the site and show them what you're working with!

2.) The Mindset

Let's get one thing straight. beRevolutionarie is not just about fitness. Their goal is to help you transform your mind, body, and soul through their digital platform. So not only do you receive access to a variety of different fitness programs, you also receive nutritional information, meditation and [mindfulness](#) coaching videos & practices. All the essential tools to help you grow and maintain physical, mental and emotional well-being! Score!

[Who Runs the World...Girls!](#)

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