

GofG

The New Digital Wellness & Fitness Platform Our Editors Are Obsessing Over

by Emma Metz · June 30, 2020



Still struggling to master your quarantine workout routine? You're not alone. Similar to choosing a new Netflix series, the overabundance of streaming workout classes, Instagram lives, and Zoom sessions is daunting. I've scrolled though and tried countless fitness instructors on Instagram and YouTube and even signed up for a free trial of a streaming yoga platform. Still, nothing clicked.

No more digging around for the best because [beRevolutionarie](#) has done the work for you. The platform was founded by wellness industry veteran Kiara Horwitz and includes prerecorded workouts like yoga, cardio boxing, cycling, dance cardio, barre, and Pilates as well as meditation and mindfulness coaching.

I am seriously obsessed. I love beRev perks, reading the beRev blog on beauty and wellness, and finally found what works for me. If you're looking for a preview, join us on July 4th at 10:00am for an exclusive GofG members Zoom class with BeRev's Bryna ([@bfitnewyorkcity](#)). She'll lead us through a 45 minute kettlebell flow. What could be better than a great workout before your Fourth of July celebrations?

Not yet a GofG member? Join [HERE](#) for more fun perks and invites like this!

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